## Settlement Services for New Immigrants in Manitoba

**Centralized Services in Winnipeg**

<table>
<thead>
<tr>
<th>Service</th>
<th>Address</th>
<th>Contact Person</th>
<th>Services</th>
</tr>
</thead>
</table>
| **Manitoba Start** | 271 Portage Avenue, Wpg. R3B 2A8 | Jonathan Bauer – Outreach Coordinator | • Centralized intake service for new immigrants in Winnipeg  
It is the first stop after newcomers arrive to MB, and the starting point for receiving info and referrals to employment and settlement services  
• Employment Services – Offers employment preparation workshops; one-on-one career coaching; and a job matching unit |
| **ENTRY Program** | 400 - 259 Portage Avenue. Wpg. R3B 2A9 | Grace Eidse, Executive Director | • Clients must first go to Manitoba START to get a referral to the ENTRY Program  
• Orientation and language for newcomers  
• Newcomers learn about employment services, getting settled in Winnipeg, health services and the law  
• Regular program is 4 weeks, but they also offer a 1 week express for those proficient in English  
• Classes offered mornings, afternoons and evenings |
| **Winnipeg English Language Assessment & Referral Centre (WELARC)** | # 400 - 275 Portage Avenue R3B 2B3 | Debra Schweyer, Executive Director | • Clients must first go to Manitoba START to get a referral to WELARC  
• English language assessments for adults before they can take English language classes or training programs  
• Referrals to settlement services or employment preparation programs |

### Settlement Services

<table>
<thead>
<tr>
<th>Service</th>
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<th>Services</th>
</tr>
</thead>
</table>
| **Immigrant Centre Manitoba Inc.** | 100 Adelaide Street R3A 0W2 | Linda Lalande, Executive Director | • Settlement and employment services for newcomer immigrants  
• Language Bank offers free verification of translations, interpretation and notary public for landed immigrants who have lived in MB for less than 3 years  
• Access English Centre offers new learners an opportunity to support their English language learning, and those who have no other opportunities to join EAL classes, such as TFWs, visitors, and those on a Working Visa  
• Citizenship classes  
• Neighbourhood Immigrant Settlement Worker Coordinator  
• Computer lending library  
• Nutrition Services |
| **Welcome Place** | 521 Bannatyne Avenue R3A 0E4 | Rita Chahal, Executive Director | • Services provided in first language for Government Assisted Refugees, Privately Sponsored Refugees, Refugee Claimants and family members of all the above  
• Reception Services, including temporary accommodation and assistance with permanent housing search  
• Settlement Services - Orientation sessions, referrals, interpretation, advocacy, and supportive counseling  
• Life Skill Training – One-on-one practical Canadian life lessons on household management, shopping, and getting around the city  
• Sponsorship Services - Assistance with private sponsorships and family class sponsorship applications, and support for sponsoring groups  
• Inland Protection Services - Para-legal assistance in support of refugee claim applications |
## Settlement Services for New Immigrants in Manitoba
### As of October 31, 2013

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Contact Information</th>
<th>Services Offered</th>
</tr>
</thead>
</table>
| **Accueil francophone** | Unit 104 - 420 Des Meurons Street R2H 2N9  
Phone: 204-975-4250 Fax: 204-948-3020  
Email: accueil@sfm-mb.ca  
Web: www.accueillfrancophonemb.com  
Contact: Bintou Sacko, Executive Director | • Offers settlement services for French speaking immigrants, including initial welcome and orientation, needs assessment and referral to services.  
• Resettlement Assistance Program (RAP) |
| **Jewish Child and Family Services** | C200 - 123 Doncaster Street R3N 2R2  
Phone: 204-477-7430 Fax: 204-477-7450  
Email: jcf@jcfswinnipeg.org  
Web: www.jcfswinnipeg.org  
Contact: Emily Shane, Executive Director | • Settlement services for newcomers of Jewish ancestry, including pre-migration assistance. Assessment, settlement and employment assistance, counselling and referral  
• Volunteer programs match newcomers with Jewish families  
• Individual and group counseling and support groups on topics such as family relationships and parenting  
• Counseling open to the general public, not exclusive to Jewish people  
• Services are offered in Hebrew, Russian, Slavic languages, Spanish and Ukrainian |
| **Neighbourhood Immigrant Settlement Workers (NISWs)** | | }

### Neighbourhood Immigrant Settlement Workers (NISWs)

<table>
<thead>
<tr>
<th>Location</th>
<th>Contact Information</th>
<th>Services Offered</th>
</tr>
</thead>
</table>
| **Elmwood** | 204-982-1720 ext. 205  
Elmwood Community Resource Centre  
200 Levis Street  
Email: nisw.elmwood@elmwoodcrc.com | |
| **Inkster** | 204-940-1697  
Nor’ West Community Health Centre  
#103-61 Tyndall Avenue  
Email: nisw.inkster@norwesthealth.ca | |
| **River Heights/Tuxedo/Fort Rouge** | 204-489-9141  
Tuxedo Family Resource Centre  
#1 – 225 Doncaster Street  
Email: nisw.tuxedo@hotmail.com | |
| **St. James – Assiniboia** | 204-831-7405  
Jameswood Community School  
1 Braintree Crescent  
Email: St.James-diversity@hotmail.com | |
| **West Central** | 204-774-7990  
West Central Women’s Resource Centre  
640 Ellice Avenue  
Email: nisw@wcwrc.ca – 204-774-8975 ext 219  
Email: nisw2@wcwrc.ca – 204-774-8975 ext 225 | |
| **Fort Garry/Fort Richmond** | 204-261-0163  
Dalhousie School  
262 Dalhousie Drive  
Email: nisw1@pembinastrails.ca | |
| **River East / Transcona** | 204-669-9412 ext. 2968  
Bernie Wolfe Community School  
95 Bournais Drive  
Email: vschroeder@retds.mb.ca | |
| **Seven Oaks** | 204-632-1716  
Seven Oaks Adult Learning and Settlement Services Centre  
950 Jefferson Avenue  
Email: nisprefererral@7oaks.org | |
| **St. Vital** | 204-257-7308 ext 417 or 204-292-8229  
René Deleurme Centre  
511 St. Anne’s Road  
Emails: iftu.ibrahim@lrsd.net, priya.sharma@lrsd.net, melanie.gonzalez@lrsd.net | |
| **William Whyte** | 204-582-9091  
William Whyte Residents’ Association  
295 Pritchard Avenue  
Emails: nisw1wwra@gmail.com, thlaywwra@gmail.com, nisw3wwra@gmail.com | |
## Settlement Services for New Immigrants in Manitoba

As of October 31, 2013

<table>
<thead>
<tr>
<th>Youth and Family</th>
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| **NEEDS Inc.** | 251 Notre Dame Avenue R3B 1N8 | • Programs for immigrant and refugee children and youth, many of whom have been affected by war, to adapt to life in Manitoba  
• Programs for computer training, homework help, youth recreational programs, and employment programs |
| Phone: 204-940-1260 Fax: 204-940-1272 | Email: needsinc@mts.net |  
Web: www.needsinc.ca  
Contact: Margaret Von Lau, Executive Director |
| **IRCOM - Immigrant and Refugee Community Organization of Manitoba** | 95 Ellen Street R3A 1S8 | • Transitional housing for newcomer families for a period of one year, with the possibility of renewal for another two years  
• After-school and recreation programs - free games, arts and crafts, reading and homework club, films and EAL tutoring for children, youth and adults  
• Community groups can use the sports facilities assigned to IRCOM through the City of Wpg and Winnipeg School Division # 1  
• On-site community workers assist families with their adaptation to life in Canada through orientation to housing, social services and Winnipeg's wider community |
| Phone: 204-943-8765 Fax: 204-943-4810 | Email: info@ircom.ca  
Web: www.ircom@shaw.ca |  
Contact: Dorota Blumczynska - Executive Director |
| **Family Dynamics** | Family Supports for Refugees | • Needs assessment and case management support addressing a variety of issues for high needs refugees  
• Focus on families with limited support networks to aid in transition, build independence, and access resources  
• In-home family and educational support to refugee families  
• Services are available in several languages |
| 401 - 393 Portage Avenue R3B 3H6 | Phone: 204-947-1401 |  
Email: info@familydynamics.ca  
Web: www.familydynamics.ca  
Contact: Holly Puckall, Executive Director |
| **MOSAIC** | Newcomer Family Resource Network | • Part-time English classes with quality care for your child, in 4 locations – Fort Richmond, Fort Garry, River Heights, Downtown  
• Nobody's Perfect Parent Groups and parenting programs for Newcomers  
• Family Literacy Reading with your Kids |
| 397 Carlton Street Wpg R3B2K9 | Phone: 204-774-7311 |  
Email: vcavers@mosaicnet.ca  
Web: www.mosaicnet.ca  
Contact: Valerie Cavers, Executive Director |
| **Life Employment Enhancement Program for War Affected Youth (LEEP)** | Salvation Army Multicultural Centre | • L.E.E.P. is a 20 week pre-employment training program for youth from war affected countries. The program helps newcomers to overcome the challenges of integrating into a new culture and in becoming contributing members of Canadian society  
• The 20-week classroom-based program helps develop employment skills, and includes info about Canadian culture, health, safety, self-awareness, communication skills and confidence building  
• Includes a 4-week job placement  
• Participants are paid a training allowance during the 24 week program |
| 51 Morrow Avenue R2M 1A5 | Phone: 204-946-9137 Fax: 204-946-9154 |  
Leep.mfc@mts.net  
Contact: Michelle Strain, Program Supervisor |
## Health & Wellness

| Aurora Family Therapy Centre                      | • Therapy program for immigrant and refugee individuals, couples, and families  
|                                                | • Works with immigrants and refugees regarding these issues:  
|                                                |   - Family and relationship issues  
|                                                |   - Issues of war related trauma  
|                                                |   - Parenting in a new country  
|                                                |   - Negotiating cultural differences  
|                                                | • Services are offered in several languages  
|                                                | • Staff can meet with clients in their homes, when needed  
| Sparling Hall - 2nd floor, 515 Portage Avenue   |                                                                                       
| University of Winnipeg R3B 2E9                   |                                                                                       
| Phone: 204-786-9251 Fax: 204-772-2547           |                                                                                       
| Web: http://aurora.uwinnipeg.ca                 |                                                                                       
| Contact: John Smith, Executive Director          |                                                                                       |

| SERC (Sexuality Education Resource Centre)       | • Reproductive health information on family planning, sexually transmitted infections, HIV/AIDS, sexuality education and family communication for newcomers.  
|                                                | • Provide ethno-specific workshops on intergenerational conflict and sexual reproductive health  
| # 200 - 226 Osborne Street North R3C 1V4        | • Referral to other services  
| Phone: 204-982-7800 Fax: 204-982-7819           |                                                                                       
| Email: info@serc.mb.ca                         |                                                                                       
| Web: www.serc.mb.ca                            |                                                                                       
| Contact: Lori Johnson, Executive Director        |                                                                                       |

| Mount Carmel Clinic Multicultural Wellness Program | • Counseling and support for immigrants, refugees - victims of torture and other newcomers who are experiencing mental health difficulties and stresses resulting from culture change or traumatic events prior to coming to Canada  
| 886 Main Street R2W 5L4                         | • Services are offered in several languages  
| Phone: 204-589-9420                              | • Community education  
| Email: cross_cultural@mountcarmel.ca             |                                                                                       
| Web: http://www.mountcarmel.ca/                  |                                                                                       
| Contact: Arlene Elliott, Program Coordinator     |                                                                                       |

| A & O Entry Program for Older Adult Immigrants   | • Specialized Entry Program for older adults  
| 200 – 280 Smith Street R3C 1K2                    | • Learners are over 55 years and no longer working  
| Phone: 204-956-6440 Fax: 204-946-5667            | • Conversation groups  
| Email: info@ageopportunity.mb.ca                 | • Participants are at varying levels of English, with diverse needs  
| Web: www.ageopportunity.mb.ca                    |                                                                                       
| Contact: Maureen Keelan, Manager                  |                                                                                       |

| SMD Services Society for Manitobans with Disabilities | • The Ethnocultural Program assists immigrant adults and children with disabilities to access appropriate services in the community  
| 825 Sherbrook Street R3A 1M5                      | • They provide a wide range of rehabilitative supports, and have staff from various cultural groups who speak a variety of languages  
| Web: www.smd.mb.ca                                 |                                                                                       

| Ethnocultural Program                             | • The Deaf and Hard of Hearing Program offers language and math programs for Deaf and Hard of Hearing adult newcomers. They also offer classes in American Sign Language (ASL), EAL, English Literacy, Math and orientation to living in Canada  
| Phone: 204-975-3121 or 1-866-282-8041             |                                                                                       
| TTY: 204-975-3012 or 1-800-225-9108               |                                                                                       
| Fax: 204-975-3073                                  |                                                                                       
| Email: communityeducation@smd.mb.ca               |                                                                                       
| Contact: Traicy Robertson, Supervisor              |                                                                                       |

| Deaf and Hard of Hearing Services                 |                                                                                       
| Phone: 204-975-3080 TTY: 204-975-3083             |                                                                                       
| Fax: 204-975-3073                                  |                                                                                       
| Email: slysachok@smd.mb.ca                        |                                                                                       
| Contact: Sandy Lysachok, Adult Ed. Coordinator    |                                                                                       |
### Settlement Services for New Immigrants in Manitoba
**As of October 31, 2013**

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<thead>
<tr>
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<th>Services</th>
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</table>
| **Healthy Start for Mom & Me** | 2nd floor, 400 Edmonton Street R3B 2M2 | 204-949-5350 | healthystart@mts.net | www.hsmm.ca | Gail Wylie, Executive Director | - Prenatal and postnatal classes for newcomers  
- Clients learn about having a baby in Canada  
- Interpreters available  
- Babysitting provided for children up to 5 years of age  
- Nurse and dietitian available  

*There are 8 other Healthy Start Programs in Winnipeg. Call 949-5350 to find the one in your area.*

| **Pluri-Elles** | 570 rue Des Meurons R2H 2P8 | 204-233-1735 or 1-800-207-5874 | plurielles@shaw.ca | www.pluri-elles.mb.ca | Mona Audet, Executive Director | - Counseling for women and therapy for children  
- All services offered in French - service to all of MB

| **Immigrant Women’s Counseling Services** | 200 - 323 Portage Avenue R3B 2C1 | 204-940-2172 Fax: 204-940-1971 | kimstoreshaw@mts.net | www.immigrantcounselling.mb.ca | Kim Storeshaw | - Counseling for immigrant women who face violence or trauma in their lives  
- Group counseling on topics such as healthy relationships, anger management, parenting and self-esteem  
- Support clients by accompanying them to court, lawyers, and doctor appointments  
- Translation and interpretation services offered in African dialects, Chinese, Tagalog, Portuguese, Spanish, Tamil and Vietnamese - and other languages with advance notice  
- Emergency Food Program for families in financial crisis  
- Information, referral, and public education - re. health, legal issues, immigration, social services, family violence etc.  
- Legal services for women who are in or leaving abusive relationships at 940-6624

| **Nine Circles Community Health Centre** | 705 Broadway R3G 0X2 | 204-940-6000 or 1-888-305-8647 | ninecircles@ninecircles.ca | www.ninecircles.ca | Mike Payne, Executive Director | - Advocacy and support for people who are living with HIV/AIDS  
- Testing and assessment for HIV and sexually transmitted infections (STIs)  
- HIV/STI Information Line @ 945-2437 or 1-800-782-2437

| **YM/YWCA Family Recreation Project** | # 604 – 428 Portage Avenue R3C 0E2 | 204-989-4106 | mkmirkbride@norwestcoop.ca | www.norwesthealth.ca | Ashley Maryk - Community Initiatives | - A free, four month membership for newcomer families who have lived in Canada for less than two years

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Page 5 of 8
## Other Supports

**New Journey Housing**  
312 - 393 Portage Avenue R3B 3H6  
(in Portage Place Mall, opposite IMAX)  
Phone: 204-942-2238 Fax: 204-942-2239  
Email: info@newjourneyhousing.com  
Web: www.NewJourneyHousing.com  
Contact: Codi Guenther, Executive Director  
- Not-for-profit housing resource centre for newcomers to Canada  
- Training classes: Rental, Home Ownership, and Basic Budgeting  
- Housing counselling and information about rental or home ownership  
- Consult with landlords, caretakers and others regarding newcomer housing  
- Education and advocacy

**MFL Occupational Health Centre**  
# 102 – 275 Broadway  
Winnipeg MB R3C 4M6  
Phone: 204-949-0811  
Email: mflohc@mflohc.mb.ca  
Contact: Karen Hamilton  
- Trainers from the Philippines, India, El Salvador, Somalia and Vietnam offer health and safety workshops  
- Physicians are available to see workers with work-related injuries and illnesses, and offer medical opinions about Worker Compensation claims

**Global Welcome Centre**  
University of Winnipeg  
Room 1E04 – 511 Ellice Avenue R3B 2E9  
Phone: 204-258-2946  
Email: globalwelcomecentre@uwinnipeg.ca  
Web: www.uwinnipeg.ca/index/gwc-index  
Contact: Miranda Santolini, Coordinator  
- Support services for immigrants and EAL students addressing transition to post-secondary education  
- Mentorship and tutoring programs available  
- Bridging program for high-school students  
- Academic advising for immigrants and refugees

**Bilingual Service Centres**  
St. Boniface/ St. Vital Region  
# 100 – 614 Des Meurons Street, Wpg.R2H 2P9  
Phone: 204-945-2189 Fax: 204-948-3020  
AND  
100-1005 St. Mary’s Road, Wpg. R2M 5S4  
Phone: 204-945-6004 Fax 204-948-2628  
Contact Nicole Young, A/Coordinator 204-945-1529  
Web: www.csbsc.mb.ca  
- Offers a wide range of information about federal, provincial and municipal services, as well as community based organizations – available in English and French  
- For example – purchase bus tickets, order a birth certificate, obtain a street parking permit, contact Family Services & Housing, find information about Human Rights, register a business name, employment information, Business Gateway, Access Manitoba, tenant/landlord info, apply for a SIN card, apply or make changes to Health Card, to name a few

## Regional Settlement Services 2011-12

**Arborg & Riverton Immigrant Settlement Services**  
Box 582 337 River Road West  
Box 582 337 River Road West  
Arborg MB R0C 2A0  
Phone: 204-376-3623 Fax: 204-376-5379  
Email: ariss@mts.net  
Web: www.rivertoncanada.com/settlement-guide  
Contact: Koby Wiebe  
Provides settlement assistance, such as information, orientation and referral to community resources for immigrants settling in the Arborg and Riverton areas.

**Westman Immigrant Services**  
1001 Pacific Avenue  
Brandon MB R7A 0J2  
Phone: 204-727-6031 Fax: 204-725-4786  
Email: info@westmanimmigrantservices.ca  
Web: westmanimmigrantservices.ca  
Contact: Mulugeta Halle  
Offers settlement and employment support services to newcomers  
Coordinates English as an Additional Language (EAL) classes in the Westman area, including Brandon, Boissevain, Kola and Rossburn.
## Settlement Services for New Immigrants in Manitoba
### As of October 31, 2013

<table>
<thead>
<tr>
<th>Service Provider</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Cartwright, Killarney, Boissevain Settlement Services</strong></td>
<td>Provides general settlement services such as information, orientation and referral to community resources for newcomers settling in <strong>Cartwright, Killarney and Boissevain and surrounding areas.</strong></td>
</tr>
<tr>
<td>Box 190 - 485 Curwen Street</td>
<td></td>
</tr>
<tr>
<td><strong>Cartwright MB R0K 0L0</strong></td>
<td></td>
</tr>
<tr>
<td>Phone: 204-529-2307 Fax: 204-529-2288 Email: <a href="mailto:cdo@cartwrightroblin.ca">cdo@cartwrightroblin.ca</a> Contact: Yuriy Umansky</td>
<td></td>
</tr>
<tr>
<td><strong>Parklands Regional Settlement Services</strong></td>
<td>This service helps immigrants adjust to life in Manitoba and the local community by providing information and assistance with everyday tasks, and referral to community resources for English improvement, employment and education. Help with immigration-related issues and notary services are also offered. <strong>Grandview, Roblin, Rossburn, Dauphin and area.</strong></td>
</tr>
<tr>
<td>Box 516, 421 Main Street</td>
<td></td>
</tr>
<tr>
<td><strong>Grandview MB R0L 0Y0</strong></td>
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<tr>
<td><strong>Roblin, Grandview, Dauphin, Gilbert Plains</strong></td>
<td></td>
</tr>
<tr>
<td>Contact: Doris Schmidt – 204-546-5100 Email: <a href="mailto:immigration@communityfuturesparkland.ca">immigration@communityfuturesparkland.ca</a> <a href="mailto:immigrationroblin@gmail.com">immigrationroblin@gmail.com</a> Web: <a href="http://www.parklandimmigration.ca">www.parklandimmigration.ca</a></td>
<td></td>
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<tr>
<td><strong>Rossburn</strong></td>
<td></td>
</tr>
<tr>
<td>Contact Ilse Ketelsen 204-859-2779 Email: <a href="mailto:immigration@town.rossburn.mb.ca">immigration@town.rossburn.mb.ca</a> Web: <a href="http://www.town.rossburn.ca">www.town.rossburn.ca</a></td>
<td></td>
</tr>
<tr>
<td><strong>Neepawa &amp; Area Immigrant Settlement Services</strong></td>
<td>Offers settlement information, orientation and referral to community resources for newcomers settling in <strong>Neepawa, Gladstone, Minnedosa and surrounding area.</strong></td>
</tr>
<tr>
<td>Box 598 342 Mountain Avenue</td>
<td></td>
</tr>
<tr>
<td><strong>Neepawa MB</strong></td>
<td></td>
</tr>
<tr>
<td>Phone: 204-476-2055 or 204-841-0229 (cell) Fax: 204 - 476-2188 Email: <a href="mailto:nadcoimmigrant@mymts.net">nadcoimmigrant@mymts.net</a> Contact: Cheryl Campbell</td>
<td></td>
</tr>
<tr>
<td><strong>Immigrant Resource Centre</strong></td>
<td>Offers services that support and assist people to integrate into the <strong>Portage la Prairie</strong> community and Canada. While their main job is to provide settlement services, it is also responsible for community tours for visitors.</td>
</tr>
<tr>
<td>c/o Portage Learning and Literacy Centre</td>
<td></td>
</tr>
<tr>
<td>2nd floor, 110 Saskatchewan Avenue West</td>
<td></td>
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<tr>
<td><strong>Portage La Prairie MB R1N 0M1</strong></td>
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</tr>
<tr>
<td>Phone: 204-857-6304 ext. 229 Fax: 204-857-6358 Email: <a href="mailto:Luis.Luna@learningcentre.net">Luis.Luna@learningcentre.net</a> Web: <a href="http://www.learningcentre.net">www.learningcentre.net</a> Contact: Luis Luna</td>
<td></td>
</tr>
<tr>
<td><strong>Asessippi Parkland Settlement Services</strong></td>
<td>Provides settlement assistance including information, orientation and referral to community resources for immigrants settling in the <strong>Russell, Inglis, Angusville, Binscarth, Birtle and surrounding area.</strong></td>
</tr>
<tr>
<td>Box 1359, 178 Main Street</td>
<td></td>
</tr>
<tr>
<td><strong>Russell MB ROJ 1W0</strong></td>
<td></td>
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<tr>
<td>Phone: 204-773-4792 Fax:204- 773-3370 Email: <a href="mailto:immigration@russellmb.com">immigration@russellmb.com</a> Web: <a href="http://www.asessippiparkland.com">www.asessippiparkland.com</a> Contact: Lorraine Brown</td>
<td></td>
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<tr>
<td><strong>Eastman Immigrant Services</strong></td>
<td>Provides settlement support services for newcomers to <strong>Steinbach and the southeast area.</strong> Services include:</td>
</tr>
<tr>
<td>D4, 284 Reimer Avenue</td>
<td>• information, orientation, housing liaison, and integration support</td>
</tr>
<tr>
<td><strong>Steinbach MB R5G 0R5</strong></td>
<td>• interpretation and translation services</td>
</tr>
<tr>
<td>Phone: 204-346-6609 Fax: 204-346-3638 Email: <a href="mailto:Richard@eastmanimmigrantservices.com">Richard@eastmanimmigrantservices.com</a> Web: <a href="http://www.eastmanimmigrantservices.com">www.eastmanimmigrantservices.com</a> Contact: Richard Harder</td>
<td></td>
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</tbody>
</table>
### Settlement Services for New Immigrants in Manitoba

**Swan Valley Settlement Services**  
Box 3011, # 130 - 5th Ave North  
**Swan River MB** R0L 1Z0  
Phone: 204-734-9874 Cell: 204-281-1503  
Email: svsettlementservices@hotmail.com  
Web: www.swanrivermanitoba.ca  
Contact: Gillian McGrath

Provides settlement support services for newcomers in the **South Central region of Manitoba, including Benito**. Services include:  
- information, orientation, housing liaison, and integration support; school and community liaison  
- interpretation and translation services  
- assessment and referral to community services  
- job search support

### Thompson Newcomer Settlement Service  
Community Futures North Central Development  
Box 1208, 3 Station Road  
**Thompson MB** R8N 1P1  
Phone: 204-677-1495 or 1-888-847-7878  
Fax 204-778-5672  
Email: amatiasek@northcentraldevelopment.ca  
Contact: Angelica Matiasek

Provides settlement services such as information, orientation and referral to community resources for newcomers settling in the **Thompson and surrounding area**.

### Virden Settlement Services  
Box 513, 585 Seventh Avenue South,  
**Virden MB** R0M 2C0  
Phone: 204-851-1432 Fax:204-748-2895  
Email: virdenssf@mts.net  
Contact: Beatrice Norton

Provides settlement services such as information, orientation and referral to community resources for newcomers settling in **Virden, Kola, Hamiota and surrounding area**.

### South Central Immigrant Services  
Box 420, # 2 - 295 Perry Street  
**Winkler MB** R6W 4A6  
Phone: 204-325-4059  
Fax: 204-325-4158  
Email: lauries@regionalconnections.ca  
Web: www.regionalconnections.ca  
Contact: Laurie Sawatzky

Provides settlement support services for newcomers in the **South Central region of Manitoba, including Morden and Altona**. Services include:  
- information, orientation, housing liaison, and integration support; school and community liaison  
- interpretation and translation services  
- assessment and referral to community services  
- job search support

### Regional Bilingual Service Centres  
# 51 – 55 Rodgers Street Box 336  
**Notre-Dame-de-Lourdes MB** R0G 1M0  
Phone: 204-248-7270 Toll Free 1-866-267-6114  
Fax: 204-248-7273  
Suite A - 30 Dawson Road  
**Ste. Anne MB** RSH 1B5  
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