

HOMECARE SERVICES AVAILABLE TO YOU JIGSAW

Group 1

Personal Care

Workers can come to your home to help you with mobility, like

- walking,
- transferring in and out of a wheelchair,
- bathing, dressing and toileting

(COVERED/FREE)

Home Support

Workers may come to your home to help you with activities like

- meals
- light housekeeping
- laundry

(COVERED/FREE)

Health Care

Workers may come to your home to help you with activities like

- **Nurses** may provide health teaching, counseling and nursing care.
- **Physiotherapists** may teach you special exercises
- **Occupational therapists** may assist you with planning your activities of daily living.

(COVERED/FREE)

Group 2

In-home Relief/Respite Care in the Home

A worker may be arranged to provide short periods of in-home relief for your primary caregiver.

(COVERED/FREE)

Respite Care outside the home

Respite care may be arranged to provide periods of relief for your caregiver. During this time, you may be admitted to an alternate care setting outside the home

There is a fee for this service (NOT COVERED/NOT FREE).

Adult Day programs

These day programs enable you to meet other people and enjoy recreational activities away from your home.

There is a fee for this service (NOT COVERED/NOT FREE).

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Group 3

Supplies and Equipment

Some supplies and equipment needed for your care may be available through your case co-ordinator.

(SOMETIMES COVERED/SOMETIMES FREE)

Volunteer Services

Volunteers may be available to help you with other activities that support your care plan. **(COVERED/FREE)**

Community Housing with Support Options

As care needs change, additional options are available to help seniors "age in place" in their communities. These options may include supportive housing, group living facilities and specialized supports.

(PARTLY COVERED/NOT FREE).