

Your Responsibilities

You have an important role to play in your own health care. You can call these responsibilities, but they are not described in any law. It is your responsibility to:

- Choose an appropriate health care provider.
- Use health care resources responsibly.
- Keep an accurate history of your personal medical information.
- Chose a patient advocate if you feel you may need one.
- Participate in health care decisions.
- Follow instructions for medication and other treatments.
- Report your concerns about health care professionals to regulatory organizations.
- Respect the rights of others seeking health care.
- Make healthy choices about your lifestyle and habits.