

# Patient Advocate

## What is a patient advocate?

Sometimes when we are told we have a serious illness we are scared and confused. We can choose someone to help with the illness, to support us in many ways. **A patient advocate is someone who speaks on behalf of a patient**

## How does a patient chose an advocate?

**They choose:**

- Someone they trust
- Someone they can talk to openly and honestly
- Someone that will respect them
- Someone who will support them
- Someone who will support their wishes
- Someone who will act in the patient's best interest

## What can patient advocates do to help?

- Help with any English language translation
- Come to doctor appointments with the patient
- Take notes at Doctor appointments
- Ask questions at appointments/tests

- Follow patient's wishes
- State patient's concerns
- Arrange appointments