

## DID YOU KNOW?

Any joint can be affected but the joints most commonly involved include:

- wrist
- Small joints of the hands and feet
- Elbow
- Shoulder
- Knee
- ankle

About one out of every 100 adult Canadians has rheumatoid arthritis (RA). That's about 300,000 Canadians.

Anyone can get rheumatoid arthritis at any age.

Rheumatoid arthritis affects women two to three times more often than men.