

Unit: Health – Go to the Hospital or to the Doctor?

Objective

Ps will practice the vocabulary of illness and sickness
Ps will identify when to go to the doctor and when to go to the hospital

Materials

- **Large Dr. VS. Hospital Picture Flashcards (from Foundation)**
- **Large Dr. VS. Hospital Word Flashcards (from Foundation)**
- **WORKSHEET 1 - I am sick what should I do**

Step 1 Warm Up (15 minutes)

Introducing the idea of places to go when you are sick:

- Ask them what they do when they are sick? Get to them to identify a hospital and a doctor in a clinic are 2 options if needing help when they are sick.
- Ask them when do you go to the doctor and when do you go to the hospital? How do you tell the difference? Put their answers on the board.

Step 2 Work out (45 minutes)

- Put the picture of the hospital and the doctor on the board with tape and hold up one of the **large Dr. VS. Hospital Picture Flashcard** such as **vomiting** and ask “Where do you go if you are vomiting?” Ask do you go to the hospital or to the doctor when you are vomiting? If they say Hospital tell them No it is the doctor and place the picture under the correct place. Put the matching word from **the Large Dr. VS. Hospital Word Flashcards** beside the picture.
- Repeat this process with each picture. Be sure they understand that normal symptoms such as headaches, sore throats, fevers (unless very high) do not require a hospital visit but if they are sick for many days they can then call their doctor at their clinic.
- Be sure that you go over each one in detail. Why don't you go to the hospital if you have a sore throat? Because it is **not life threatening**, it is usually just a symptom of a cold or flu and with rest and time will subside. However if it has been 5 days or more and it is not getting better then a visit to the doctor is acceptable.
- Be sure to discuss high fever vs. low fever, severe pain vs. bad pain, regular sicknesses such as colds, flu, vs. more serious sicknesses such as infections or diseases, stomach flu vs. food poisoning, etc.)

- Hand out the **Worksheet I am sick what should I do** and give each Ps a sickness scenario. They need to read it and decide what the correct answer is. The class can discuss it. In the end, do they go to the hospital or to the doctor?

Step 3 Cool Down (15 minutes)

Check their understanding:

- Ask the Ps to brainstorm and tell you when do you go to the doctor and when do you go to the hospital? Can they give examples of each situation? List their answers on the board.