

## **ENTRY PROGRAM FOR OLDER ADULT IMMIGRANTS**

### **Entry Sessions**

A settlement orientation for newcomers who are 55 or older. Participants will learn about:

- Living in Canada
- Health and aging in Canada
- Canadian laws and citizenship
- Housing and community information

## **English Conversation Circles**

An opportunity for older adults to:

- Practice their English skills
- Meet other older adults from around the world
- Connect with people from their community
- Learn about programs and services for older adults in Winnipeg

#### **Both programs are:**

Free of charge for all 55+ newcomers 10 week sessions Various times and locations throughout Winnipeg

#### TO REGISTER PLEASE CONTACT:

# **Entry Program for Older Adult Immigrants** A & O: Support Services for Older Adults

200-280 Smith Street Winnipeg, Manitoba R3C 1K2 Tel: 204-956-6440 Fax: 204-946-5667

Email: entry@aosupportservices.ca Website: www.aosupportservices.ca

