

**Unit: Canada & Canadian Culture  
Indigenous Peoples of Canada**

**Objective**

**Objective** – Ps will be able to describe the difference between First Nations, Métis and Inuit peoples and that they are all Indigenous. Ps will be able to describe where in Canada the Indigenous people live.

**Materials**

- **1A. FACILITATOR RESOURCE 1 – Indigenous Peoples of Manitoba MCC guide 2017**
- **1B. FACILITATOR RESOURCE 2 - HIERARCHY Chart**
- **1C. Pictures of Indigenous Peoples**
- **1D. Indigenous flash cards**
- **1E. Indigenous matching**
- **Large Map of Canada/NWT/Nunavet**

**Step 1 Warm Up (10 minutes)**

**Almost all Canadians are newcomers – except for Indigenous peoples.**

- Introduce idea of “who was here (i.e. in Canada) first?” (F will need to establish the concept of “first” as in “coming before all others in time or order; earliest; 1st.”)
- Relate it to P’s immigrant status. Go around the room and ask each P when they arrived in Canada.
- Relate the fact that your (i.e. the Facilitator’s) family also were once newcomers “I/My parents/grandparents/great-grandparents were born in \_\_\_\_\_ and came to Canada in \_\_\_\_\_.”
- Canadian History: Canada was “discovered” in 1534 (by Jacques Cartier).
- The first group of immigrants arrived from France in 1604.
- But, who were already here when these immigrants arrived? The Indigenous peoples.
- How long have the Indigenous peoples lived here? At least 12,000 years.
- Founding peoples: While Aboriginal, French and British peoples are regarded as the “founding peoples” of Canada, it is a fact that the First Nations and Inuit peoples were here first.

**Step 2 Work out (30 minutes)**

**Who are Indigenous peoples**

- **WORDS/PHRASES THAT MAY REQUIRE TEACHING:  
Aboriginal | Indigenous | First Nations | Inuit | Métis**
- Use the hierarchy chart as a template, write out the words on the whiteboard that are preferred by the Indigenous peoples.



- Write “Aboriginal” beside “Indigenous”. Explain that the term “Aboriginal peoples” is also sometimes used instead of “Indigenous” (it is a legal term used in Canada’s constitution). But, “Indigenous” is their preferred term.
- Show pictures of various Indigenous peoples. Some Indigenous people dress in clothing that expresses their culture, some do not. You cannot always identify an indigenous person by the way they look or dress or the colour of their skin.
- On a map of Canada show the Ps that
  - Inuit live in the far north
  - First Nations live all across Canada
  - Most Métis live on the prairies, specifically Manitoba and Saskatchewan

#### **GROUP WORK – Bingo**

- To help them practice pronunciation of the words they have learned, use the bingo to get them to repeat the words.
- Play a few rounds by having each round’s winner take turns being the caller.
- Allow enough time so that every P gets to be a caller

#### **Step 3 Cool down (10 minutes)**

- **Review the pictures**
- **Review the pronunciation**
- **Review where the Indigenous people live**