

Risks for Breast Cancer

Felisha and Anita are best friends. They are both 35 years old.

Cut into strips

Felisha smokes ten cigarettes a day.

Anita does not smoke.

Felisha eats "fast food" every day.

Anita eats vegetables and fruit every day.

Felisha has never had a mammogram.

Anita has a mammogram every two years.

Felisha has not seen her healthcare provider in many years.

Anita sees her healthcare provider regularly.

Felisha watches TV in her free time.

Anita goes for a walk in her free time.

Felisha smokes cigarettes when she is sad.

Anita talks to a friend when she is sad.

Felisha drinks alcohol every day.

Anita drinks alcohol occasionally.