

What is a MYTH?

A commonly believed idea that is **FALSE**.



"It is a **myth** that air travel is more dangerous than traveling in a car or bus."

What is a **FACT**?

Something that research and evidence has proved to be **TRUE**.



"It is a **fact** that the world is round."

MYTH

COVID-19 is just another flu.



FACT

While it is from the same 'family' as the flu, it is much more lethal and much more contagious.

The symptoms are also more varied and research is showing there may be long-term damage after recovering from COVID-19.

MYTH

COVID-19 only affects senior citizens.



FACT

Older people, and people with underlying conditions like heart, kidney and lung disease, may be more vulnerable.

However, every age group - even healthy young people - can catch COVID-19.



MYTH



You can protect yourself from COVID-19 by injecting, swallowing, rubbing on, or taking a bath in disinfectant, bleach or rubbing alcohol.

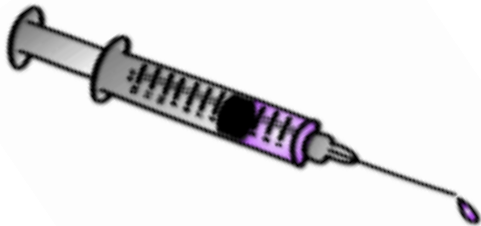
FACT

These products can kill you if swallowed or injected into the body. They will not protect you. They will kill you. Call 911 if someone has used any of these in any way.

Rubbing these products onto your body can harm your eyes, mouth, skin and clothes.

MYTH

A vaccine to cure COVID-19 is available.



FACT

There is no vaccine yet.



Scientists are working on one, but it will take up to 2 years to develop a safe

and effective vaccine.

The flu shot and the pneumococcal vaccine will not protect you against COVID-19.



MYTH

Ordering or buying products shipped from overseas will make a person sick.

FACT

The World Health Organization (WHO) says that the likelihood of becoming infected with COVID-19 from a commercial package is low because it has likely traveled several days and been exposed to different temperatures and conditions during transit.

If you are concerned, put it into a corner or onto your balcony or in your garage for 2-3 more days.

MYTH

Cold weather and snow kills COVID-19.

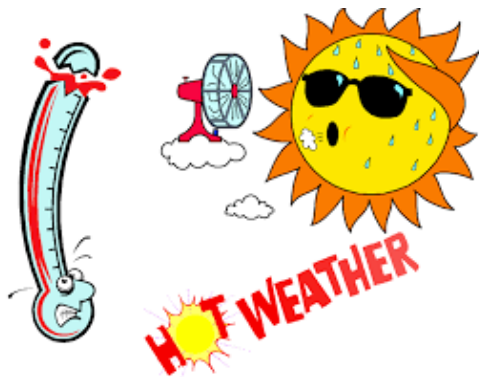


FACT

Research shows you can catch COVID-19 in cold winter weather.

MYTH

High temperatures like 25 C and higher prevents or cures COVID-19.



FACT

Research shows you can catch COVID-19 in sunny, hot and humid weather.

Taking a hot bath or sitting in a hot tub or steam room also can't prevent you from catching COVID-19.



MYTH

Drinking alcohol will
kill COVID-19.



FACT

Research and evidence shows that alcohol will not kill viruses that have already entered your body.

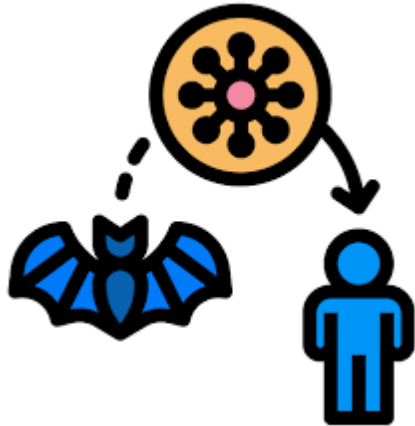
MYTH

The new coronavirus was deliberately created or released by a lab in China.



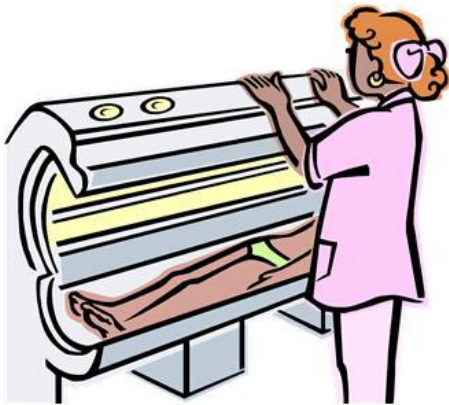
FACT

Research and evidence has shown that this virus originated in nature, specifically bats.



MYTH

Ultraviolet (UV) lamps - like those used in tanning beds - can kill COVID-19 in your body.



FACT

UV light can be used as a disinfectant on hard surfaces.

But UV light will not kill the virus on skin. UV light is proven to cause skin cancer, so do not use it to try to kill the virus.



MYTH

5G mobile networks cause COVID-19.



FACT

Evidence shows that viruses can't travel on radio waves and mobile networks.



COVID-19 is spreading in many countries that do NOT have 5G networks.

MYTH



Supplements like vitamin C, vitamin D, zinc, green tea, echinacea and elderberry will prevent COVID-19.

FACT

Many people use supplements to boost their immune systems.

While these supplements might affect your immune function, research has not shown that they can prevent you from getting sick from anything, especially COVID-19.

MYTH

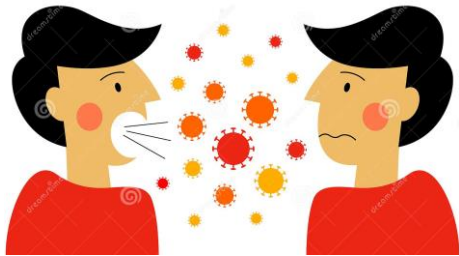
You can only catch COVID-19 from people who are visibly sick.



FACT

It can take up to 14 days for COVID-19 symptoms to appear.

Research has proven that asymptomatic people spread the disease very easily.



MYTH

Myth #1

Hydroxychloroquine
(HDCQ) will prevent or
reduce the symptoms of
COVID-19

Myth #2

Chloroquine works as well
as HDCQ



FACT #1

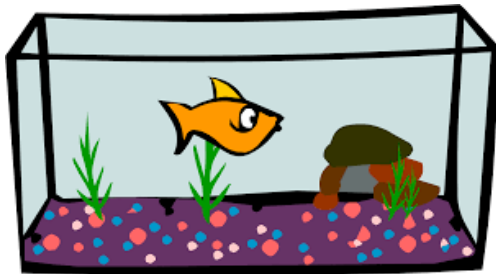
HDCQ does not prevent or treat COVID-19.

It can cause heart and kidney disease that can lead to death. It is prescribed, under very strict medical supervision, for lupus, rheumatoid arthritis and to prevent malaria.



FACT #2

Chloroquine is fish tank cleaner and is not intended to be taken by humans.



It will kill you.