



Wash your hands for 20 seconds.



Hold mask by edges with the nose side up.



Put mask on by holding ties. Make sure there are NO gaps.



Mask must cover both nose and chin.



Bend to fit around nose (if mask has this).



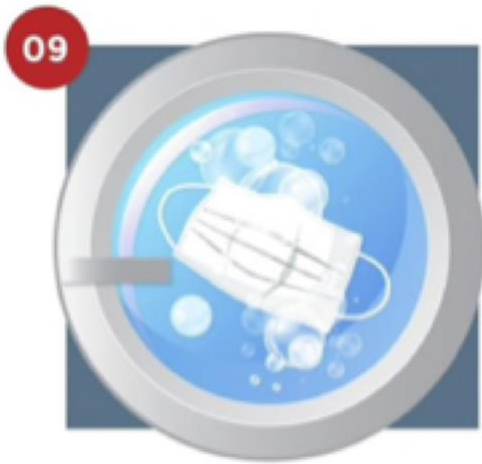
Don't touch the mask while you have it on



Wash hands before removing.



Remove using the ties.



Clean in washing machine before wearing again. Only wear it once.



Wash your hands a final time.