



A&O's Senior Immigrant Settlement Services (SISS) is committed to continue providing programs and services for senior newcomers. In response to the current situation, we are offering you a Daily Hello.

The Daily Hello is a friendly check-in to see how you're doing. You can join by either **telephoning** in or **online through your computer or mobile device** (Smartphone, iPad, Tablet, Laptop)

Day	Time
Monday	3:00 - 3:15 PM
Tuesday	1:00 - 1:15 PM
Wednesday	3:00 - 3:15 PM
Thursdays	1:00 - 1:15 PM
Friday	3:00 - 3:15 PM

HOW TO CALL IN by TELEPHONE:

Step 1 - Call (204) 515-1147

Step 2 - When prompted enter access code 731 967 548

HOW TO JOIN FROM YOUR SMARTPHONE/IPAD/TABLET/LAPTOP/COMPUTER:

Before joining an online meeting on a computer or mobile device, you can download the Webex app from the Download Center [LINK](#) and download Webex Meetings. Otherwise, you will be prompted to download and install Webex when you click a join link. Join the Daily Hello now by clicking this link: [Daily Hello](#)

We hope you can join us!