# **LONG TERM CARE**

#### What Long Term Care options are available?

- Chronic Care
- Personal Care Homes
- Respite Care
- Supportive Housing

## **How do I access Long Term Care and Housing Services?**

#### In the Community:

If you are living in the community, the Home Care program provides home health care services. Services can be requested by you (as an individual), your family, or by your doctor by calling the WRHA Home Care Intake Line at **204-788-8330**. After Home Care receives a request for service, a Home Care Coordinator will meet you at home to discuss your care needs. Based on the information gathered, the coordinator develops a care plan. The goal is to help you manage at home for as long as is practical. If other services are needed, you can access long term care options through the Home Care Program. You or your family member can request information from your Home Care Case Coordinator at any time.

To access Home Care in rural Manitoba, you must contact the Regional Health Authority (RHA) for the area you live in. Visit the following website to find the appropriate RHA in your area <a href="http://www.gov.mb.ca/health/rha/contact.html">http://www.gov.mb.ca/health/rha/contact.html</a>

## In Hospital:

If you become ill and are admitted to hospital, the hospital will inform the Home Care Program and a plan is made for when you are discharged from hospital. The goal is to help you return home with the support of Home Care. If you cannot return home, the Care Coordinator can help you access appropriate housing and care options such as Supportive Housing, Companion Care, Personal Care Home or Chronic Care Hospital placement. You will be assessed individually to find the best fit for you and the available care options.

# What is the Long Term Care Access Centre?

The Long Term Care Access Centre is responsible for scheduling panel dates to ensuring clients have access to long term care services that are most appropriate to their needs and maintaining waiting lists for personal care homes / long term care programs.

For additional program information contact:

Long Term Care Access Centre
Winnipeg Regional Health Authority (WRHA)
Phone: 204-940-8670

Website: www.wrha.mb.ca/ltc/access.php